# Half Tablet Program

#### Cut your costs in two

When you think about it, it's just simple math. If you cut your tablets in half, you'll have twice as many of them, and you'll make half as many trips to the pharmacy. That's how the voluntary Half-Tablet Program works. It's easy! Just follow these simple steps:

- 1. Ask your doctor to double the strength on one of the medications listed below. (You'll still get the recommended dosage in the end.)
- 2. Fill the prescription as you normally would and pay the usual copay for a one-month supply.
- 3. Cut the tablets in half and take half a pill as prescribed by your doctor.

Just like that, you've turned a one-month supply into two—and saved six copays per year!

### Tablets are easy to split

All you need is an easy-to-use tablet splitter. For some plans, we will cover the cost of one tablet splitter each year. Call the number on the back of your ID card to see if your plan qualifies. If your plan qualifies, ask your pharmacist to submit the cost of the tablet splitter as a claim, just like a prescription medication. We'll reimburse the pharmacy, and your copay for the splitter will be \$0.



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#### Medications in the program

Because generics are usually less expensive than brand-name medications, you could save even more by choosing the generic medications listed in bold. Brand-names are listed for reference only.

Keep in mind that the Half-Tablet Program doesn't apply if you fill your prescriptions by mail or if you have Medicare Part D.

atorvastatin (Lipitor®)	olanzapine (Zyprexa®)
carvedilol (Coreg®)	olmesartan (Benicar®)
citalopram (Celexa®)	olmesartan-HCTZ (Benicar HCT®)
enalapril (Vasotec®)	paroxetine (Paxil®)
escitalopram (Lexapro®)	pravastatin (Pravachol®)
fluvoxamine (Luvox®)	risperidone (Risperdal®)
lamotrigine (Lamictal®)	rosuvastatin (Crestor®)
leflunomide (Arava®)	sertraline (Zoloft®)
lovastatin (Mevacor®)	simvastatin (Zocor®)
mirtazapine (Remeron®)	topiramate (Topamax®)
nefazodone (Serzone®)	valacyclovir (Valtrex®)

## **Questions?**

Call the Customer Service number on your member ID card.



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