



Find doctors and understand your costs

Get the most out of your coverage with the Find a Doctor and Cost Estimator tools



Find providers and get cost estimates at [regence.com](https://www.regence.com) and on our [mobile app](#).

How to search for an in-network provider

Knowing your network can save you money, and we want you to get the most value out of your coverage. That's why we've made it easy to search for in-network doctors, specialists, clinics or pharmacies with our Find a Doctor tool. Here's how to use it:

The first step is to create a digital account at [regence.com](https://www.regence.com) using the information on your member ID card. That way, whenever you sign in the search results and benefits information will be customized to you.

After you've created your digital account, sign in to [regence.com](https://www.regence.com) and select **Find a Doctor**. Note that your home address is used as the starting location for your search. However, you can change the location to suit you, whether searching for a provider near your home, workplace or travel spot.

Choose a search category to find doctors or health facilities by name, specialty or type. Then filter results to match your needs (distance, gender, who is accepting new patients, languages spoken and more).

Review comments from other patients, or check a provider's quality information to feel confident in your choices.



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How to get a cost estimate

Where you receive care and who you see can have a big impact on your bill. So, take advantage of our handy Cost Estimator tool for common medical procedures and care, such as: office visits, imaging services, surgeries, immunizations, physical therapy and more. The Cost Estimator is only available to Regence members, so make sure you're signed in. Here's how to use it:

Sign in to [regence.com](https://www.regence.com) and select **Find a Doctor** or **Cost Estimator**. Choose **Estimate Your Costs** from the options shown and then type in the service you want an estimate for.

Filter results to match your needs (distance, gender, who is accepting new patients, languages spoken, etc.)

Select the blue cost to see a price breakdown. Note that cost estimates are calculated with your benefits in mind, including your deductible and out-of-pocket maximums, so you see only what you would be estimated to pay.

Cost estimates are for informational purposes only. Estimates are based on total average costs for patients who have received services from doctors in our preferred network.

Find doctors and costs in the Regence mobile app

Tap into your health—anywhere, anytime—with the Regence app for iPhone and Android. With features like Find a Doctor and Cost Estimator, you can easily manage your benefits and make quick health care decisions on the go.

To get started, sign into the Regence mobile app. Your username and password are stored after the first use, so you can use biometric sign-in (such as face recognition or thumbprint ID) for faster access. And if you haven't created a digital account at [regence.com](https://www.regence.com) yet, you can do so directly in the app.

How to search for providers before your coverage begins

If you received your member ID card in the mail but your coverage hasn't begun, you can start searching for in-network providers by visiting [regence.com](https://www.regence.com), selecting **Find a Doctor**, and choosing **Search Now**. The **Cost Estimator** will be available once your coverage begins.

Prefer to call us directly?

Our friendly customer service professionals can help. Just call the Customer Service number located on the back of your member ID card. Or, go to [regence.com](https://www.regence.com), and select **Contact Us**.



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